

Health & Hygiene		Qty	Details	g/unit	weight
First-Aid / Pharmacy	1	CarePlus First Aid Kit Compact (+ Betadine – Ibuprofen – Tramadol – Rescue drops – Essential oil tea tree + mastic tree + absinthe)	370	370	
Tick repellent	1	Tickless Run rechargeable	7	7	
Toiletry bag	1	Tatonka Travelcare Small (Alep soap – tooth brush – tooth paste – deodorant - Sea to Summit Wilderness Wash – nail clipper – Q-Tips – tweezers – hair clipper)	990	990	
Wash cloth	1	Möve Bamboo Luxe	40	40	
Towel	1	Packtowl Personal Body (137x64)	180	180	
Total weight in kg				1.59	